





# Anchor Family

**Stabilizing one arm** makes work and play activities much easier for many clients. Regular use of an Anchor (or a pair) can help increase head and upper trunk strength and control.

Great in the classroom, at home or in a sheltered workshop, anchors are portable and sturdy, but not too heavy. The suction cup base fastens easily to any smooth, horizontal surface including chair or stander trays.



Find important details and  
informative facts at:  
[www.rifton.com/anchors](http://www.rifton.com/anchors)

*"Whether* stabilizing a child's posture while he feeds himself or letting him type at the computer, we see huge improvements with the use of Rifton's Anchors. I especially like the grab bar. I've used it on the floor for self-assisted rolling and on tables for repositioning. The versatility of the system has made the Anchor family indispensable at our facility. *"*

*Bill Lynch, DPT  
Supervisor, Physical Therapy Department  
Orange-Ulster BOCES, Goshen, NY*





The wrist Anchor provides guidance and placement for Isaac's left hand to allow controlled use of his right.



The arm Anchor stabilizes the forearm to provide upper body support while a client works on communication skills.



The Grab Bar fastens simply and securely on a horizontal surface, assisting this client in her functional activities.



# Choose your Anchor

Users with low tone receive support and develop strength for improved functional sitting. Users with high tone or movement disorders gain stability for increased functional use of the free hand and arm. Anchors promote inclusion and social development for the user.

**Anchors are short-term positioning aids and are not intended to be used for primary standing support or transfers.**



**Hand Anchor:** The hand Anchor attaches to any smooth surface to achieve stability and positioning. No more drilling through wheelchair trays!

K821 \$165  
Overall length: 5½"  
Length of handhold with bulb: 4¼"  
Diameter of handhold: 1¼"



**Grab Bar:** The horizontal grab bar attaches to any smooth, horizontal surface to assist in functional activities. It can be used to stabilize both hands at once.

K824 \$220  
Overall length: 20"  
Overall length with cups in: 13½"  
Diameter of handhold: 1¼"  
Length of bar: 10"



**Elbow Anchor:** The elbow Anchor provides stability to the forearm while leaving the hands free for functional activities. It can also reduce abnormal posturing of the shoulder girdle by maintaining the elbow position.

**Right** K815 \$195  
**Left** K816 \$195  
Overall length: 11"  
Overall width: 7¼"  
Width of arm trough: 4"  
Length of arm trough base: 9½"



**Wrist Anchor:** For a more secure handhold and to help maintain hand placement, the wrist Anchor includes a wrist strap and pad.

K822 \$190  
Overall length: 8"  
Length of handhold with bulb: 4"  
Diameter of handhold: 1¼"



**Horizontal Anchor:** The versatile horizontal Anchor is ideal for clients who can grasp more easily with their forearm pronated. Attach to any smooth table or tray surface for stability and positioning.

K823 \$175  
Overall length: 9½"  
Length of handhold with bulb: 4½"  
Diameter of handhold: 1¼"



**Arm Anchor:** The padded arm Anchor stabilizes the forearm. The handgrip extends and rotates to any angle to meet multiple positioning needs.

**Small right** K811 \$210  
**Small left** K812 \$210  
Inside of thumb to elbow: 7½" – 12"  
Overall length with handhold: 9" – 13"  
Width of arm trough: 4"  
**Large right** K813 \$245  
**Large left** K814 \$245  
Inside of thumb to elbow: 10" – 15"  
Overall length with handhold: 11" – 16"  
Width of arm trough: 4½"